

# RECIPE FOR SOOTHING ALOE VERA GEL

## using softgelagar 30



Aloe vera (*Aloe barbadensis* Mill.) is a popular medicinal plant which has numerous beneficial influences on people's health. For a thousand years or more, people have been using Aloe vera extracts as a remedy for skin problems, as skin moisturizer, or healer of small wounds.

**softgelagar 30** is applied in a water-based moisturizer that provides gentle, yet effective moisturisation of even the most sensitive skin. Any „Aloe vera Soothing Gel“ with **softgelagar 30** will quickly hydrate, cool and restore the skin's moisture balance once applied.

Please note our suggestions for a basic recipe:

Suggested Ingredients	%
<b>softgelagar 30</b>	0.5
Aloe vera purree	50.0
Distilled Water	49.5
<b>Total</b>	<b>100 %</b>

# RECIPE FOR SOOTHING ALOE VERA GEL

## using softgelagar 30



### Suggested Preparation Directions

#### A Aloe vera Purree

1. Wash Aloe vera leaf (leaves) and pad dry with cloth
2. Peel off the Aloe vera skin, scoop out the pulp with a spoon or knife, chop into small cubes.
3. Boil the Aloe vera cubes in a pot under medium heat for about 3 minutes to remove the mucilage.
4. Rinse with water 2 times
5. Pulverize Aloe vera in a blender until it becomes a purree

#### B Aloe vera Gel

1. Use a pot to heat up **softgelagar 30** in the distilled water, stirring until the powder is completely dissolved.
2. Let cool down the **softgelagar 30** solution to 50°C.
3. Use a bowl to gently mix the **softgelagar 30** solution with the Aloe vera Purree already prepared in advance.
4. Pour the mixture into a container and let it cool in a refrigerator over night until it is firm.